

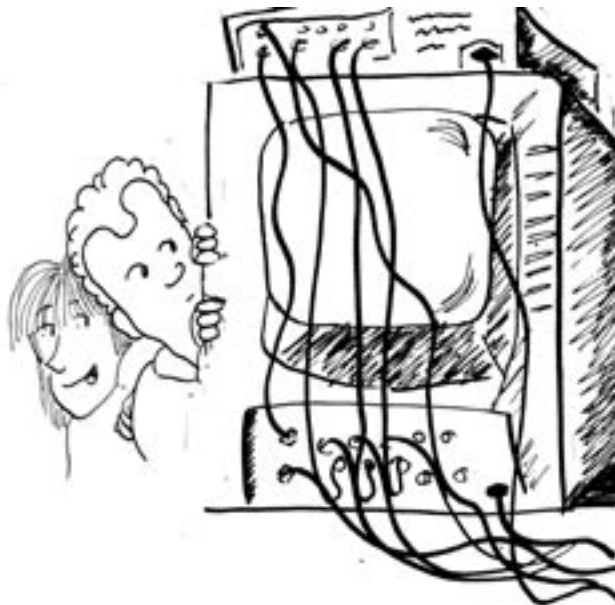
## Before you begin...

You may be skeptical that you could ever understand technology. You may say, “I don’t get this stuff”, or “I’m not good at figuring this out”, or “I can’t understand the directions and manuals” and you may have resigned yourself to “I don’t care, anyway.”

It’s not that technology is all that difficult to understand, it’s just that *it hasn’t been explained to you in simple, everyday language*. But you’ll have to overcome that disbelief that you can feel comfortable with technology first...

So, you’ll have to change your attitude to start. While just being positive, having fun and exploring is the outlook you want, it may help to explore why we all don’t take on understanding something new. There may be a *payoff* for you to need help with electronics. If you don’t learn to do it, then *someone else has to do it for you*. If you never learned how to turn on the stove, someone would have to cook for you. If you don’t learn to program the VCR (or DVR) you can ask someone else to do it. That’s a nice payoff. But the *cost* is that you don’t have the freedom to whip up a snack when others are gone--or, regarding home entertainment, you don’t have the freedom to say, “hey, that would be fun to record” or even the freedom to watch a movie when your helper is not around.

**Take back your freedom.** Realize that you can take it slow and you will have a better understanding than you do now.



**It’s not that technology is hard to understand—it’s just that it has never been explained to you in simple English.**